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# Action Plan (Short & Long-term Goals)

Full Name:

Based on all of the key takeway messages from the entire Academy , what goals do you commit to doing within the next month, 6-months and 1-year?

Within 1-month	Within 6-months	Within 1-year

Please commit to a goal to *PAY IT FORWARD* to the next generation of women coaches. If she can see her, she can be her!

Please leave any comments or provide a quote we can use in our report to the NCAA about the impact of the NCAA Women Coaches Academy. Your quote might also be used for future WeCOACH purposes (social media, reports, fundraising efforts, etc.)